

HOW TO STAY SEXUALLY PURE - HOW FAR CAN I GO? – Ex 20, Lev 18; 10/3/21

2. Believe about God - but I believe Jesus loves me and wants to forgive me and help me, just like he did with King David who committed adultery, then murder and hid his sin for a year. My sin and setbacks have consequences, but Jesus wants to help me through. I will not rely on my will power and promises, but on Him to give me the strength and grace.
3. Believe about your body- I believe I've been made in God's image, created in my mother's womb and therefore my body is good. I believe God made sex for a married couple for companionship, bonding, children and pleasure, advancing His kingdom. I believe my body is only to be shared with my spouse and all others are off limits to me and I to them in action, thought and sight (lust).
4. Believe about the nature of lust, adultery, fornication and other sexual acts- I believe when I lust for another beside my spouse, I am breaking all of your commandments in some way. I am coveting another person's spouse, parent, sister, brother or child (#10). I then lie and cover up my behavior. I lie to myself about others as well- only looking at the "good points" of those I desire, while comparing all the "bad" of my spouse (#9). I have set up another GOD, am idolizing another person and my pleasure, and if caught can cause others to look down on Jesus' very name and the name of "Christian" (#1-3). If I persist, it will be harder for me to keep the 4th Commandment by keeping the Sabbath holy. If I act out literally, I can commit adultery, cause thoughts of murder and bring dishonor to my parents (#5-7). Lord Jesus, help me see my sin the way you do. I am going to you for forgiveness, help and strength. Change my mind to change my behavior.
5. Commit- some practical steps
 - a. Get rid of all pornography in your house, car, work, etc.
 - b. Protect your devices- Get a filter- and an accountability partner like Covenant Eyes, parental controls on the cable, etc.
 - c. Get an accountability partner
 - d. Journal- tell God your struggles, involve Him daily and in the moment
 - e. See Pastor Ken for the Conquer Video Series- excellent on attaining & maintaining sexual purity- the battle for our souls. Good for parents to teach their children.
 - f. Be patient- it usually takes 6 months to stop the habit and 2-5 years to heal the brain.

WHAT'S GOD SAYING TO YOU? – write it down, pray it back, share it with others!

GETTING OUR FEET WET- real questions with real consequences

GOD'S ANSWER - LEVITICUS 18 (from ESV Bible-Copyright 2001, see also KJV, NASB)

18 And the LORD spoke to Moses, saying, ²“Speak to the people of Israel and say to them, I am the LORD your God. ³You shall not do as they do in the land of Egypt, where you lived, and you shall not do as they do in the land of Canaan, to which I am bringing you. You shall not walk in their statutes. ⁴You shall follow my rules and keep my statutes and walk in them. I am the LORD your God. ⁵You shall therefore keep my statutes and my rules; if a person does them, he shall live by them: I am the LORD.

⁶“None of you shall approach any one of his close relatives to uncover nakedness. I am the LORD. ⁷You shall not uncover the nakedness of your father, which is the nakedness of your mother; she is your mother, you shall not uncover her nakedness. ⁸You shall not uncover the nakedness of your father's wife; it is your father's nakedness. ⁹You shall not uncover the nakedness of your sister, your father's daughter or your mother's daughter, whether brought up in the family or in another home. ¹⁰You shall not uncover the nakedness of your son's daughter or of your daughter's daughter, for their nakedness is your own nakedness. ¹¹You shall not uncover the nakedness of your father's wife's daughter, brought up in your father's family, since she is your sister. ¹²You shall not uncover the nakedness of your father's sister; she is your father's relative. ¹³You shall not uncover the nakedness of your mother's sister, for she is your mother's relative. ¹⁴You shall not uncover the nakedness of your father's brother, that is, you shall not approach his wife; she is your aunt. ¹⁵You shall not uncover the nakedness of your daughter-in-law; she is your son's wife, you shall not uncover her nakedness. ¹⁶You shall not uncover the nakedness of your brother's wife; it is your brother's nakedness. ¹⁷You shall not uncover the nakedness of a woman and of her daughter, and you shall not take her son's daughter or her daughter's daughter to uncover her nakedness; they are relatives; it is depravity. ¹⁸And you shall not take a woman as a rival wife to her sister, uncovering her nakedness while her sister is still alive.

¹⁹“You shall not approach a woman to uncover her nakedness while she is in her menstrual uncleanness. ²⁰And you shall not lie sexually (lit- emit seed) with your neighbor's wife and so make yourself unclean with her. ²¹You shall not give any of your children to offer them to Molech, and so profane the name of your God: I am the LORD. ²²You shall not lie with a male as with a woman; it is an abomination. ²³And you shall not lie (lit- give emission) with any animal and so make yourself unclean with it, neither shall any woman give herself to an animal to lie with it: it is perversion.

²⁴“Do not make yourselves unclean by any of these things, for by all these the nations I am driving out before you have become unclean, ²⁵and the land became unclean, so that I

punished its iniquity, and the land vomited out its inhabitants. ²⁶ But you shall keep my statutes and my rules and do none of these abominations, either the native or the stranger who sojourns among you ²⁷ (for the people of the land, who were before you, did all of these abominations, so that the land became unclean), ²⁸ lest the land vomit you out when you make it unclean, as it vomited out the nation that was before you. ²⁹ For everyone who does any of these abominations, the persons who do them shall be cut off from among their people. ³⁰ So keep my charge never to practice any of these abominable customs that were practiced before you, and never to make yourselves unclean by them: I am the LORD your God.”

SEXUAL PURITY: 3 STEPS FOR THE BODY

1. DON'T GET N_____ (17x in Lev 18)

2. DON'T L_____ (“don’t approach”)
 - Gen 9²² Ham, the father of Canaan, saw his father naked and told his two brothers outside. ²³ But Shem and Japheth took a garment and laid it across their shoulders; then they walked in backward and covered their father’s naked body. Their faces were turned the other way so that they would not see their father naked.
 - 2 Sam 11 ² One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful,
 - Job 31 “I made a covenant with my eyes not to look lustfully at a young woman.
 - Isa 57 ⁸ Forsaking me, you uncovered your bed, you climbed into it and opened it wide; you made a pact with those whose beds you love, and you looked with lust on their naked bodies.
 - Mt 5 ²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. ²⁹ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.
 - 2 Pet 2:14 Their eyes are full of adultery, and their desire for sin is never satisfied. They lure unstable people into sin, and they are well trained in greed. They live under God’s curse. (NLT)

3. DRESS M_____

 - 1 Timothy 2⁸ In every place of worship, I want men to pray with holy hands lifted up to God, free from anger and controversy. ⁹ And I want women to be modest in their appearance. They should wear decent and appropriate clothing and not draw attention to themselves by the way

they fix their hair or by wearing gold or pearls or expensive clothes. ¹⁰ For women who claim to be devoted to God should make themselves attractive by the good things they do. (NLT)

- 1 Pet 3³ Don’t be concerned about the outward beauty of fancy hairstyles, expensive jewelry, or beautiful clothes. ⁴ Clothe yourselves instead with the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God. (NLT)

THE WISDOM OF “DON’T GET NAKED”

1. For our kids

2. For our teens & young adults

3. For our men

4. For our women

5. For those struggling with pornography and other sexual sins

SEXUAL PURITY: 5 STEPS FOR THE SOUL- ABC

1. Admit- my life is out of control. I do things I don’t want to do. I’m caught in a cycle of acting out→ then guilt, shame and promises→build up, self-pity, uncontrollable thoughts→ acting out and beginning the cycle all over again.