

C. GIVING THE TEMPLE OF OUR SOULS & SPIRITS TO THE HOLY SPIRIT (I Cor 6:19)

The Door	The Altar of Incense
The Altar	The Veil
The Laver	The Ark of the Covenant
The Table of Bread (of the Presence, Ex 35:13)	The Courtyard
The Candlestick	The Door

❖ See John Eldredge's One Minute Pause (FREE App for phone). Highly recommend it. 1 min, 3 min, and 30 days to Resilience- <https://www.pauseapp.com/>

❖ **WHAT'S GOD SAYING TO YOU?** – write it down, pray it back, DO IT, and share it with others!
 “Heavenly Father, thank you that you dwell in me- Father, Son and Holy Spirit. I am your temple. Fill me with your glory, your presence, your love, joy, peace, patience... Help me to take your presence with me. Flow out of me, to bless others with your glory. Thank you! I love you! I hear You saying...

YOUR BODY – THE SPIRIT’S TEMPLE, I Cor 6:19, 12/11/22

GETTING OUR FEET WET- God made us to be f_____!

- F.R.O.G.S.- friends r_____ on God!

DIVING INTO SCRIPTURE- Guess who is inside us?

- Father
 - Jn 14²³ Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them.
 - Jn 17. ²⁶ I have revealed you (Father) to them, and I will continue to do so. Then your love for me will be in them, and I will be in them.” (NLT)
- Son
 - Jn 15⁵ “Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing. (NLT)
 - Gal 2²⁰ My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So, I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.
 - Col 1²⁷ this mystery, which is Christ in you, the hope of glory. ²⁹ To this end I strenuously contend with all the energy Christ so powerfully works in me.
- Holy Spirit
 - Rom 5⁵ And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love. (NLT)
 - Rom 8¹¹ The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.
 - I Cor 6¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God?

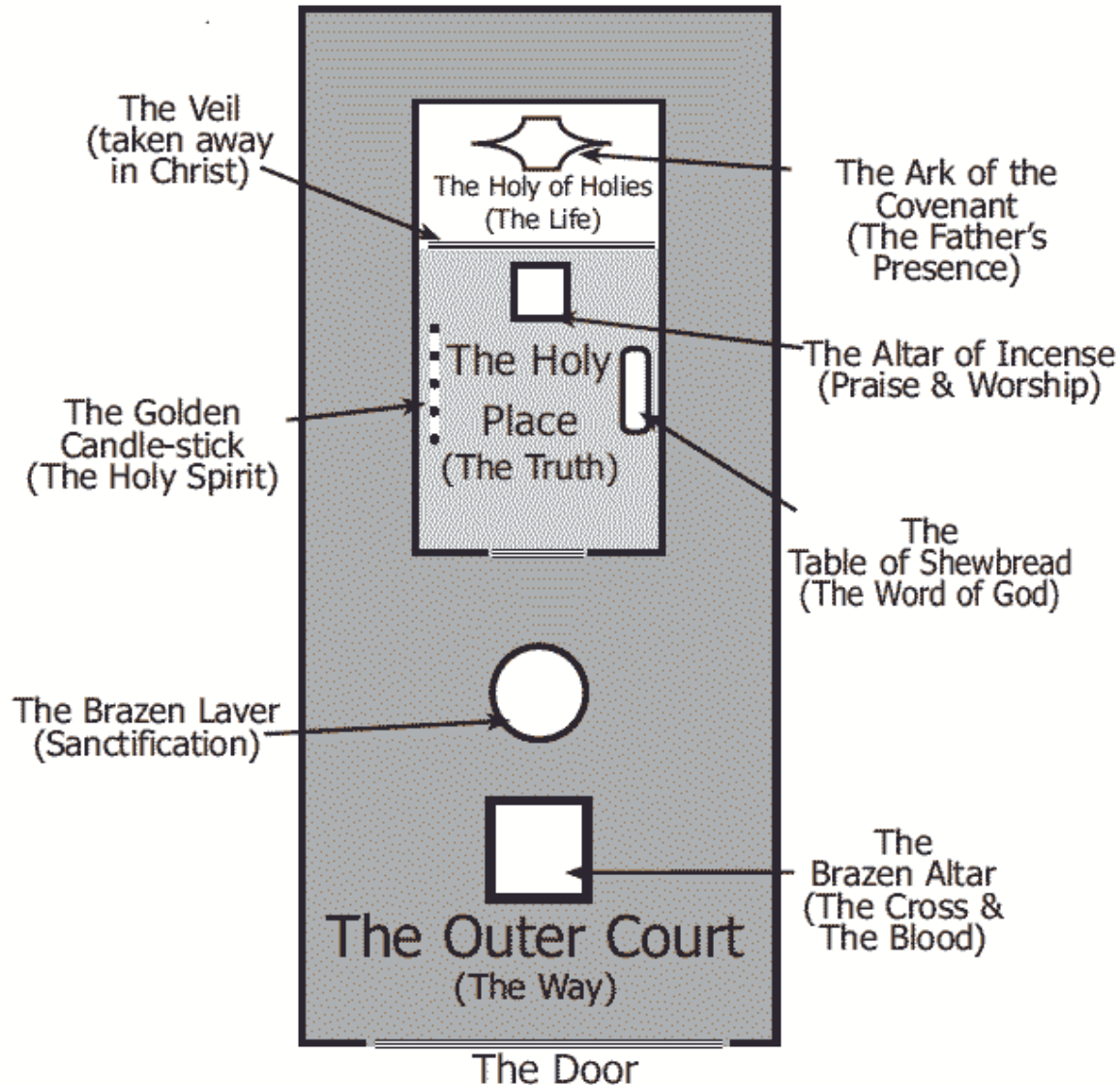
A. THE FACT- GOD MADE US TO BE TEMPLES

1. When we trust Jesus as our Savior and Lord, the whole Trinity makes their home in us.
2. That makes our bodies, souls and spirits a t_____!

B. SOME QUESTIONS- what’s the big deal about being the Holy Spirit’s temple?

1. What would this mean to the first century Jew? First century Gentile?
2. What’s the goal of the temple?

3. What does the temple remind us of?
4. What did God promise will happen in the future at the temple?
5. So, what happened at the temple in the past?



C. SO HOW DID GOD MAKE US AS TEMPLES?

1. God made us to be a well, spring, river beds, a home and temple for Him (Jn 4,7,15, I Cor 6:19)
 - Physically- Job 33⁴ The Spirit of God has made me; the breath of the Almighty gives me life.
 - Spiritually- Jn 7³⁸ Anyone who believes in me may come and drink! For the Scriptures declare, 'Rivers of living water will flow from his heart (his belly, his innermost being).'³⁹ (When he said "living water," he was speaking of the Spirit, who would be given to everyone believing in him.) (NLT)
2. God made us...
 - 3 parts- spirit, soul, body- I Thes 5:23
 - 3 functions- intellect, emotion, will-
 - Love God with all heart, mind, soul, strength- Mk 12:30
 - Love others as much as yourself- Mk 12:31
 - 3 levels (see John Eldredge, Resilience, ch 8- Going Deep)
 - *The shallows*- distractions, fleeting thoughts
 - *The midlands*- anxiety, worry, frustration, cares of this world- keeps you up at night
 - *The depths*- inner love, joy, peace, faith, hope, - security, significance

A PRAYER EXPERIENCE- do the "Settle In" often, the Body & Temple Prayers periodically

- A. SETTLE IN- get in a comfortable chair, relax your body, 3 deep cleansing breaths- Father's lap!
 1. LET GO- Jesus, I give You everyone and everything, so I can I have You! (I Pet 5:7)
 2. UNION- Jesus, heal my union with You. I love You, Lord Jesus. (Eph 3:16-19)
 3. FILLING- Holy Spirit, fill me. Saturate me. Surround me. Flow through me. (Jn 7:38)

B. GIVING OUR BODIES TO THE HOLY SPIRIT

ROM 12:1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

Head	Arms & Hands
Neck & Throat	Chest, Belly, Abdomen
Shoulders	Legs & Feet