

B. KEEP IT S _____ - it belongs to God

- Lev 19³⁰ “Observe my Sabbaths and have reverence for my sanctuary. I am the LORD.
- Ex 31¹⁴ “Observe the Sabbath, because it is holy to you. Anyone who desecrates it is to be put to death; those who do any work on that day must be cut off from their people. ¹⁵For six days work is to be done, but the seventh day is a day of sabbath rest, holy to the LORD. Whoever does any work on the Sabbath day is to be put to death.

II. FOR YOURSELF

A. KEEP IT WITH EXTRA S _____

- Lev 16³¹ It is a day of sabbath rest, and you must deny yourselves; it is a lasting ordinance.

B. KEEP IT S _____ - DENYING

- Isa 58¹³ “If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the LORD’s holy day honorable, and if you honor it by not going your own way and not doing as you please or speaking idle words, ¹⁴then you will find your joy in the LORD, and I will cause you to ride in triumph on the heights of the land and to feast on the inheritance of your father Jacob.”
For the mouth of the LORD has spoken.
- Amos 8:5 “When will the New Moon be over that we may sell grain, and the Sabbath be ended that we may market wheat?”— skimping on the measure, boosting the price and cheating with dishonest scales,

III. FOR OTHERS - KEEP IT WITH EXTRA S _____

- Mk 3 Another time Jesus went into the synagogue, and a man with a shriveled hand was there. ² Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. ³ Jesus said to the man with the shriveled hand, “Stand up in front of everyone.” ⁴ Then Jesus asked them, “Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?” But they remained silent. ⁵ He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, “Stretch out your hand.” He stretched it out, and his hand was completely restored. ⁶ Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.

❖ WHAT’S GOD SAYING TO YOU? - write it down, pray it back, share it with others!

❖ SABBATH: KEEP IT HOLY- Ex 20:8-11, 6/6/21

LEARNING TO STOP (sabbath) - The Story of 2 Sams

DIVING INTO SCRIPTURE

Exodus 20⁸ “Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Ex 31¹² Then the LORD said to Moses, ¹³ “Say to the Israelites, ‘You must observe my Sabbaths. This will be a sign between me and you for the generations to come, so you may know that I am the LORD, who makes you holy.’”

Ps 90

¹² Teach us to number our days,
that we may gain a heart of wisdom.

¹⁴ Satisfy us in the morning with your unfailing love,
that we may sing for joy and be glad all our days.

¹⁷ May the favor^[a] of the Lord our God rest on us;
establish the work of our hands for us—
yes, establish the work of our hands.

WHAT IS HOLINESS??

I. **DEFINED**

A. Set apart, consecrated, dedicated, hallowed, sanctified

B. Clean (morally, ceremonially), pure, sinless

II. GOD IS HOLY, HOLY, HOLY

A. WHO GOD IS

1. Separate from c_____ - above, majestic, awesome
 - Rev 15⁴ Who will not fear you, lord, and bring glory to your name? For you alone are holy. All nations will come and worship before you, for your righteous acts have been revealed.
 - Our response- fear, glory, worship
2. Separate from s_____ - pure
 - Isa 6³ And they were calling to one another: "Holy, holy, holy is the LORD Almighty, the whole earth is full of his glory." ⁴ At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke. "Woe to me!" I cried. "I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the LORD Almighty."
 - Our response-confession, repentance, humility & obedience

B. WHAT GOD DOES – SANCTIFIES- SETS APART

1. Places- burning bush, Jericho, Jerusalem, Mt of Transfiguration
2. Times- Sabbath, 7th year, Jubilee
3. Things- altar, censers, tabernacle, spoils, tithe
4. People- priests, Nazirites, prophets, Israel, Christians

C. WHAT GOD DECIDES

1. Decides the difference between good and evil
 - Heb 5¹⁴ But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.
 - Isa 5²⁰ Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet

2. Decides between sacred and common, clean & unclean

- Ex 20¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.
- Acts 10¹⁵ The voice spoke to him a second time, "Do not call anything impure that God has made clean."

III. WE ARE TO BE HOLY

A. Separated to God from evil

- I Pet 1¹⁴ As obedient children, do not conform to the evil desires you had when you lived in ignorance. ¹⁵ But just as he who called you is holy, so be holy in all you do; ¹⁶ for it is written: "Be holy, because I am holy."
- Heb 12¹⁴ Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

B. Separated to the sacred from the common

- Mk 1³⁵ Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶ Simon and his companions went to look for him, ³⁷ and when they found him, they exclaimed: "Everyone is looking for you!" ³⁸ Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come."

HOW CAN WE KEEP THE SABBATH HOLY?

I. FOR GOD

A. KEEP IT S_____ - dedicated to God

- Ex 20¹⁰ but the seventh day is a sabbath to the LORD your God.